

# Mental Health First Aid

## 2022 course dates

### 2 DAY COURSE (ADULT)

#### SEPTEMBER

Monday 26<sup>th</sup> & Wednesday 28<sup>th</sup>

#### OCTOBER

Monday 24<sup>th</sup> & Wednesday 26<sup>th</sup>

#### NOVEMBER

Monday 21<sup>st</sup> & Wednesday 23<sup>rd</sup>

#### COURSE TIMINGS

Day 1 09:00 - 12:00 / 14:00 - 17:00

Day 2 09:00 - 12:00 / 14:00 - 17:00

All Courses are Online

The cost of this course is £340 per person

# Mental Health Champion

2022 course dates

## 1 DAY COURSE (ADULT)

### AUGUST

Wednesday 10<sup>th</sup>

### SEPTEMBER

Wednesday 10<sup>th</sup>

### OCTOBER

Wednesday 12<sup>th</sup>

### NOVEMBER

Wednesday 9<sup>th</sup>

### DECEMBER

Wednesday 7<sup>th</sup>

### COURSE TIMINGS

09:00 – 17:30

The cost of this course is £230 per person

All Courses are online

# Mental Health Aware

2022 course dates

## 1/2 DAY COURSE (ADULT)

### AUGUST

Wednesday 17<sup>th</sup> (pm)

### SEPTEMBER

Wednesday 21<sup>st</sup> (am)\*\*

### OCTOBER

Wednesday 19<sup>th</sup> (pm)

### NOVEMBER

Wednesday 16<sup>th</sup> (am)\*\*

### DECEMBER

Wednesday 14<sup>th</sup> (pm)

### COURSE TIMINGS

08:30 – 12:15\*\*

13:15 - 17:00

All courses are Online

The cost of this course is £140 per person

# Mental Health Refresher

## 2022 course dates

### 1/2 DAY COURSE (ADULT)

#### AUGUST

Wednesday 17<sup>th</sup> (am)\*\*

#### SEPTEMBER

Wednesday 21<sup>st</sup> (pm)

#### OCTOBER

Wednesday 19<sup>th</sup> (am)\*\*

#### NOVEMBER

Wednesday 16<sup>th</sup> (pm)

#### DECEMBER

Wednesday 14<sup>th</sup> (am)\*\*

#### COURSE TIMINGS

08:30 – 12:15\*\*

13:15 - 17:00

All courses are Online

The cost of this course is £140 per person