

Mental Health First Aid

2022 course dates

2 DAY COURSE (ADULT)

MARCH

Tuesday 22nd & Thursday 24th Mar

APRIL

Tuesday 26th & Thursday 24th Apr

MAY

Tuesday 24th & Thursday 26th May

JUNE

Tuesday 28th & Thursday 30th Jun

JULY

Tuesday 26th & Thursday 28th Jul

SEPTEMBER

Monday 26th & Wednesday 28th Sep

OCTOBER

Monday 24th & Wednesday 26th Oct

NOVEMBER

Monday 21st & Wednesday 23rd Nov

COURSE TIMINGS

Day 1 09:00 - 12:00 / 14:00 - 17:00

Day 2 09:00 - 12:00 / 14:00 - 17:00

Mental Health Champion

2022 course dates

1 DAY COURSE (ADULT)

APRIL

Wednesday 13th April

MAY

Wednesday 11th May

JUNE

Wednesday 8th June

JULY

Wednesday 13th July

AUGUST

Wednesday 10th August

SEPTEMBER

Wednesday 14th September

OCTOBER

Wednesday 12th October

NOVEMBER

Wednesday 9th November

DECEMBER

Wednesday 7th December

COURSE TIMINGS

09:30 - 17:00

Mental Health Aware

2022 course dates

½ DAY COURSE (ADULT)

APRIL

Wednesday 20th April (pm)

MAY

Wednesday 18th May (am)**

JUNE

Wednesday 15th June (pm)

JULY

Wednesday 20th July (am)**

AUGUST

Wednesday 17th August (pm)

SEPTEMBER

Wednesday 21st September (am)**

OCTOBER

Wednesday 10th October (pm)

NOVEMBER

Wednesday 16th November (am)**

DECEMBER

Wednesday 14th December (pm)

COURSE TIMINGS

08:30 - 12:15**

13:15 - 17:00

Mental Health Refresher

2022 course dates

½ DAY COURSE (ADULT)

APRIL

Wednesday 20th April (am)**

MAY

Wednesday 18th May (pm)

JUNE

Wednesday 15th June (am)**

JULY

Wednesday 20th July (pm)

AUGUST

Wednesday 17th August (am)**

SEPTEMBER

Wednesday 21st September (pm)

OCTOBER

Wednesday 10th October (am)**

NOVEMBER

Wednesday 16th November (pm)

DECEMBER

Wednesday 14th December (am)**

COURSE TIMINGS

08:30 - 12:15**

13:15 - 17:00